



SET UP YOUR CHILD (OR TEEN) FOR SUCCESS



TRIPLE P – POSITIVE PARENTING PROGRAM®
START STRAIGHT AWAY WITH TRIPLE P ONLINE
WWW.TRIPLEP-PARENTING.NET/LBBD





“I feel like I’m equipped with the knowledge and tips and tricks to manage tantrums and day-to-day challenges.”

Emily, mother of 1



“What is the most important thing we can all do to prevent children developing behaviour problems, emotional problems or learning problems? We need to support parents in the most important job in the world – which is raising kids.”

Professor Matt Sanders

Founder, Triple P – Positive Parenting Program®





“At first I was reluctant to do a parenting programme. I have learned so much [from Triple P Online] and the behavioural change is much greater if you stick with reinforcing the positives with your child.”

Nicky, mother of 2

TRIPLE P ONLINE & TEEN TRIPLE P ONLINE PUT YOU IN CONTROL SO YOU CAN:

- Choose the strategies that fit your family
- Do your course anywhere, anytime – 24/7
- Work at your own pace
- Print your graduation certificate once you've successfully finished the programme



TRIPLE P ONLINE WILL HELP YOU



SETTLE TANTRUMS AND CONFLICTS

for a calmer, less
stressful family life



ENCOURAGE GOOD BEHAVIOUR

to see more of the
behaviour you like



TACKLE DISOBEDIENCE

to give an
instruction once,
not 50 times

TRIPLE P ONLINE WILL HELP YOU



TEACH YOUR CHILD NEW SKILLS

to grow their
confidence and
independence



NEGOTIATE BOUNDARIES AND EXPECTATIONS

so everyone knows
what to do and when



EQUIP THEM TO HANDLE LIFE'S PROBLEMS

so they are prepared
for school and
beyond

IT REALLY WORKS

4
MILLION+

**FAMILIES HAVE
BEEN HELPED
BY TRIPLE P
POSITIVE
PARENTING**

290+

**TRIALS AND
STUDIES THAT
SHOW TRIPLE P
WORKS**

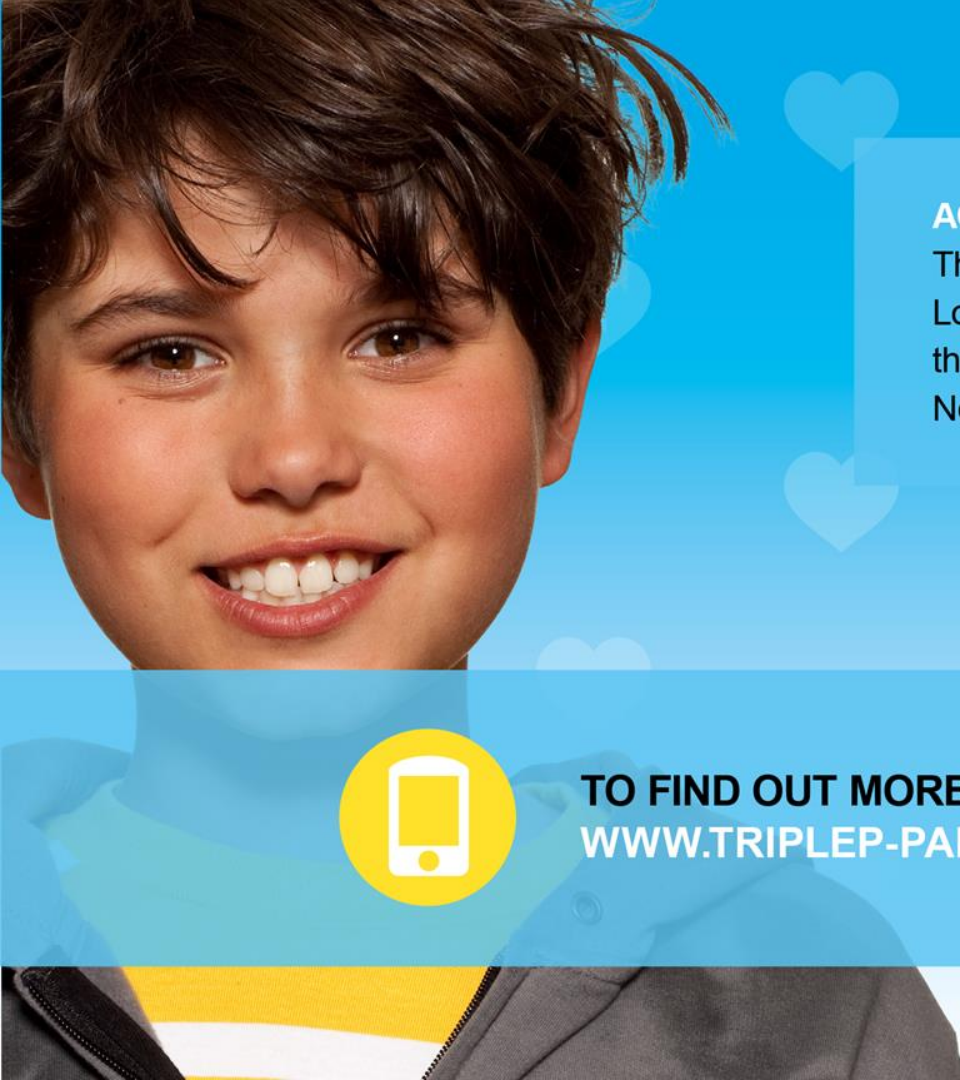
1ST
**TRIPLE P
ONLINE**

**ONLINE
PARENTING
PROGRAMME
PROVEN TO
WORK**



“You know you’re learning to be a better parent,
so I was happy to do [Triple P Online]. I didn’t
find it hard; it was for a good cause.”

Greg, father of 2



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**TO FIND OUT MORE ABOUT FREE TRIPLE P ONLINE:
WWW.TRIPLEP-PARENTING.NET/LBBD**

