

PARTNERSHIP LEARNING

THE SYDNEY RUSSELL SCHOOL

Excellence for All





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Dear Parents and Carers,

Re: January return to school and COVID 19 testing for students year 11-13 who do not have symptoms (asymptomatic)

Due to the increasing number of COVID 19 cases locally, we have been given priority to begin a programme of asymptomatic testing (for people not experiencing any symptoms) in preparation for them returning to school in January. These tests will help to reduce the risk of people without symptoms unknowingly spreading the virus to others in the community.

All students in years 11, 12 and 13 must get a test between Monday 28 and Thursday 31 December before they return to school. Data has shown that rates amongst this age group are particularly high. Staff in schools are also required to get tested before the new term.

We also strongly encourage students in other year groups and anyone they live with to get a Covid-19 test before students go back to school in January, to make sure that anyone who may be infectious does not return to school with the virus and potentially start an outbreak.

How do I book a test if I don't have symptoms?

Go to the government website www.gov.uk/get-coronavirus-test where you'll be asked some questions. Select the following options:

- NO to essential worker
- NO to having symptoms
- NO to being part of a trial or pilot
- YES My local council or health protection team has asked me (or someone I live with) to get a test, even though I do not have symptoms

You can book your whole family by choosing 'add family members'.

I can't get to a testing centre, can we get tested at home?

Yes, you can ask to receive your test by post. When you are making your booking, answer 'Yes' to 'Is the person who needs a test part of a trial or government pilot project' and select the option that says 'The person is taking part in community testing'.

What should I do if my child, or someone in our household, tests positive?

If you receive a positive test result, have symptoms of Covid-19, or if you've had contact with someone who has, self-isolation is the only way to guarantee you won't pass the virus on to others.

If you have to isolate, you should start the 10 day self-isolation period straight away.

My child has tested positive recently, do they need to take another test?

If your child has tested positive in the last 90 days, they should not take another test as the dead virus may still show in their system, even if they have recovered.

What if my family is already self-isolating?

If you've been asked to self-isolate by the NHS Test and Trace Programme or by our Public Health team you can still get tested by ordering a home testing kit. You still need to complete your period of self-isolation, even if you test negative as symptoms can take 10 days to show.

More information can be found on the government's website.

Thank you for your support during these difficult times. Covid-19 is still taking people's lives but your efforts will help us stop the spread. Please ensure you son/daughter is tested between **Monday 28 and Thursday 31 December 2020** so we can keep each other safe

With thanks

Janis Davies

Principal