

# Power Of Coaching Programme (POC)

You will gain the knowledge and strategies that credible coaches use to empower thinking and inspire change. You will also learn the theory, skills, and processes to coach informally, formally and in a structured way.

### Why the POC?

#### What is the rationale?

You will gain an understanding of the power of coaching and the impact that great coaching has on learning - being able to confidently apply several strategies to deepen the thinking of pupils; inspire colleagues to develop and grow; and become a more reflective and energised professional. As a credible coach, you will be able to coach informally, formally and in a structured way using the OLEVI Analytical Coaching programme



#### How does it work?

This programme consists of 3 sessions with a series of post-session challenges. These sessions are normally 3 hours in length.

#### What is the impact?

Full attendance of this programme will enable you to:

- § Understand and utilise fundamental coaching theory and skills with pupils and professionals to improve learning, thinking and well-being.
- § Coach using OLEVI's informal, formal, and structured models with individuals.
- § Role-model courage, humility and discipline when engaged in coaching conversations.



- § Classroom teachers
- § Middle leaders
- § Appraisers
- 8 Mentors
- § Coaches
- § Senior leaders
- § Associate staff

"Investment in coaching has been a crucial part of the success achieved by the Pioneer Academy schools. Coaching has united staff at all levels, opening up valuable communication channels that improve the quality of teaching and learning. It has opened up a state of and where learning and progression is key, helping individuals help themselves, and maintaining long-term sustainable success."

Lee Mason-Ellis, CEO of the Pioneer Academy

## What does the PO C cover?

#### **SESSION 1:**

§ Articulate what coaching is, and is not, and explore its power as a tool for improving teaching and learning/training; leadership; and communication.

#### **SESSION 2:**

§ Explore the fundamental skills and strategies that credible coaches use to empower thinking and inspire change.

#### **SESSION 3:**

§ Learn the theory, skills, and processes to coach informally, formally and in a structured way using the OLEVI Analytical Coaching programme.

#### **COACHING Principles and standards**

Principle 1:
Developing a Value
Based Ethos

Principle 2:
Facilitating HighQuality Thinking &
Learning

Principle 3: Providing a Blended Wisdom Approach

Principle 4: Inspiring a Commitment to Change & Action

You create a genuine coaching relationship that grows reflection, challenges thinking, and values professional aspirations.

You balance listening to learn with responding to challenge, ensuring understanding is clarified, current mindsets are exposed, and profound thinking is achieved.

Principle 2 standards

You demonstrate a blended approach of enabling greater awareness and acceptance, selecting actions, as well as articulating achievement. You enable the shift into impactful action and progress, by overcoming limiting beliefs, tackling problems head on, and promoting an ethos of continuous growth.

#### **Principle 1 standards**

## 1.1 The coaching relationship 1.2 Trust and rapport. 1.3 Contracting and recontracting.

contracting. 1.4 Drivers and aspirations.

- 2.1 Listen to learn.
  2.2 Responding and intuition.
- 2.3 Feedback and feedforward.
- 2.4 Powerful questioning.

#### **Principle 3 standards**

- 3.1 Awareness of vision.3.2 Acceptance of current reality.
- 3.3 Exploration and action planning.
- 3.4 Articulation of achievements.

#### Principle 4 standards

- 4.1 Tackling limiting beliefs.
- 4.2 Promote continual growth.
- 4.3 Detecting problems.
- 4.4 Reviewing and evaluating goals.

"OLEVI was a breath of fresh air with a 'wow factor' that enabled us to achieve sustainable, permanent and continuing improvement".

Dave Vernon, Executive Principle, Diverse Academies Trust.

#### Let's have a conversation

If you want to develop and grow your teachers get in touch today.

#### The Sydney Russell School

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