

WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	BBQ Chicken Gyros, Pitta, Garlic Yoghurt and Crunch Salad	Beef Ragu & Tricolore Pasta with Chef's Salad	Paprika Spiced Chicken & Steamed Rice	Beef Chow Mein with Crispy Spring Roll	Fish and Chips with Curry Sauce
Roots & Shoots	Falafel with Lebanese Pilaf, Tomato and Cucumber Salad	Roasted Vegetable Lasagne with Chefs Salad	Bang Bang Cauliflower with Seasoned Wedges and Corn	Vegetable Chow Mein with Crispy Spring Roll	Mushroom, Sweetcorn & Mixed Pepper Loaded Naan with Chips
Pasta Popina	Tomato & Basil Pasta	Super Green Pesto Pasta	Creamy Cajun Pasta	Cherry Tomato & Spinach Pasta	Three Cheese Pasta Bake
Pud	Jamaican Ginger Cake with Custard	Banoffee Pie	Jam Sponge	Apple Crumble and Custard	Chocolate and Orange Marble Cake
Concepts	Caribbean	Indian	Middle Eastern	Korean	Chicken Shack
The Street	Jerk Chicken Wings, Spicy Rice with Lime Slaw	Chicken Tikka Loaded Masala Fries	Lemony Beef Meatballs, Bulgar and Harissa Dressing	Sweet Chilli Chicken Wings, Coconut Rice and Pickles	Cajun Spiced Chicken Nuggets and Chips

WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Smokey Beef & Lentil Chilli con Carne with Steamed Rice	Chinese Chicken Curry with Egg Fried Rice	Tomato & Oregano Sausage and Courgette Spaghetti with Chefs Salad	Chicken Leek and Mushroom Pie, Puff Pastry Top & Seasonal Vegetables	Fish and Chips with Curry Sauce
Roots & Shoots	Chipotle Lentil, Bean and Mushroom Enchiladas with Chefs Salad	Chinese Vegetable Curry with Egg Fried Rice	Aubergine Parmigiana with Chefs Salad	Halloumi & Root Vegetable Pie, Puff Pastry Top & Seasonal Vegetables	Margherita Pizza with Chips & House Salad
Pasta Popina	Creamy Pumpkin Pasta	Mediterranean Vegetable Pasta	Roasted Squash & Pea Alfredo Spaghetti	Mac and Cheese	Tomato Arrabiata Pasta
Pud	Pineapple Upside Down Cake & Custard	Blueberry Sponge	sticky banana & cinnamon loaf cake -	Mixed berry crumble & custard	Iced Sprinkle Sponge Cake & Custard
Concepts	Caribbean	Indian	Middle Eastern	Korean	Chicken Shack

The Street	1/2 Veggie Pattie, Chickpea Chana, Wedges and Slaw	Tandoori Beef Keema Nachos with Mint Yoghurt	Greek Style Chicken with Herby Green Bean Rice	Beef Chilli Noodles with Crunchy Green Beans, Lime & Coriandar	Sweet Chilli Chicken Strips, Chips and Asian Slaw
WEEK 3					
	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chicken & Broccoli Stir Fry, Steamed Rice with Crispy "Seaweed"	Beef & Lentil Lasagne with Chefs Salad	Sausage and Mash, Seasonal Veg and Gravy	Pepperoni Panini, Seasoned Wedges and Chefs Salad	Fish and Chips with Curry Sauce
Roots & Shoots	Tofu & Broccoli Stir Fry, Steamed Rice with Crispy "Seaweed"	Oven Baked Tomato, Mozzarella and Basil Risotto with Chefs Salad	Quorn Sausage and Mash, Seasonal Veg and Gravy	Mozzarella, Tomato and Pesto Panini, Seasoned Wedges and Chefs Salad	Vegan Sausage Roll, Chips and Curry Sauce
Pasta Popina	Creamy Pesto Pasta	Mexican Street Corn Pasta Bake	Tomato Arrabbiata Pasta	Creamy Caju Pasta	Tomato & Basil Pasta
Pud	Jam & Coconut Sponge with Custard	Summer Fruit Cheesecake	Pear and Summer Fruit Crumble with Custard	Chocolate Bread and Butter Pudding	Lemon Drizzle Cake with Lemon Sauce
Concepts	Caribbean	Indian	Middle Eastern	Korean	Chicken Shack
The Street	BBQ Jerk Chicken Loaded Nachos, Pineapple Salsa	Tandoori Chicken, Mint Raita and Kachumber Salad	Middle Eastern Sticky Beef, Tabbouleh, Parsley and Yogurt	Korean Chicken Fried Rice with Kimchi Slaw	Cajun Chicken Wings and Chips