

# Sydney Russell Primary School Newsletter

## Issue 20 Friday 1<sup>st</sup> March 2019

### Becontree Heath Leisure Centre Sports School Timetable From February 2019

Monday 25<sup>th</sup> February – Friday 5<sup>th</sup> April

Day	Activity	Time	Age	Where	Cost
Monday	Football	4pm to 5pm	5 - 8 years	Court 1 / 2	£25.50 for 6 weeks
Monday	Football	5pm to 6pm	9 - 12 years	Court 1 / 2	£25.50 for 6 weeks
Monday	<b>Get Active</b> Street dance	5pm to 6pm	5 - 15 years	Studio 2	£12 for 6 weeks
Tuesday	<b>Get Active</b> Athletics	4.45pm to 5.45pm	6 to 15 years	Studio 2	£12 for 6 weeks
Wednesday	Badminton	4pm to 5pm	8 - 15 years	Court 2	£25.50 for 6 weeks
Thursday	<b>Get Active</b> Multi-sports(Lean Beans)	4.30pm to 5.30pm	5 - 15 years	Court 1	£12 for 6 weeks
Thursday	Mavericks Netball	5.30pm – 6.30pm	8 – 12 years	Sports Hall	£25.50 for 6 weeks
Friday	<b>Get Active</b> Cheerleading	4.30pm to 5.30pm	5 to 15 years	Court 1	£12 for 6 weeks

All courses run during term time and are booked in blocks. Participants can join at any time; if you join part way through a block, you will only pay for the remaining sessions.

**All sessions highlighted in yellow are Barking & Dagenham Council “Get Active Sessions” and are free for Lean Bean Members\*. \*Children on the child weight management programme.**



everyone  
ACTIVE